



445 Wawona Street  
San Francisco, CA 94116

John W. Mitchell  
*Executive Director/CEO*  
(415) 379-2200  
jmittell@ardenwood.org

[www.ardenwood.org](http://www.ardenwood.org)

**Photos by:**  
Lauren Eichar  
Ronalyan Tiw-Ac

Arden Wood, Inc. is a  
501(c)(3) charitable organization.  
Tax ID: 23-7334055

© The Stelter Company. Information contained herein was accurate at the time of printing. The information in this publication is not intended as legal or tax advice. For such advice, please consult an attorney or tax advisor. Figures cited in examples are for illustrative purposes only. References to tax rates include federal taxes only and are subject to change. State law may further impact your individual results.

## Putting Family First

**N**aming Arden Wood as a beneficiary in your will is a simple way to help secure the future of our quality care grounded in Christian Science. But maybe you've hesitated because you're unsure about how much to give.

Because life is unpredictable and the value of your assets is likely to rise and fall, you don't want to risk that someday your charitable gift could outweigh the well-being of your family. Fortunately, there's a solution.

### Percentage Giving

Instead of a fixed amount, consider gifting a percentage of your estate or of specific assets. That way, gifts to loved ones and to organizations such as ours remain proportional—no matter how your estate fluctuates.

Here are three simple ways to put family first while supporting those we serve:

1. Gift a percentage of your estate to Arden Wood in your will.
2. Leave us a percentage of your residual estate (the portion of your estate that remains after all gifts have been made and all claims of the estate are satisfied).
3. Name Arden Wood as a beneficiary of a percentage of your life insurance policy or retirement account.

## YOUR GIFT MATTERS

**Giving a small percentage of your estate can have a bigger impact on Arden Wood than you might think. Contact John Mitchell today if you have questions about naming us as a beneficiary. If you've already named us as a beneficiary, please let us know so we can thank you for your generosity.**



# ARDEN WOOD soaring WING



Gift and Estate Planning Newsletter



## Share the Blessing of Arden Wood

*By a donor who recently included Arden Wood in her estate plan*

**A**rden Wood offers all of us the opportunity to support and sustain an utterly spiritual atmosphere where the Christ is palpable and where healing happens.

Anyone who has spent prayerful time at Arden Wood knows the blessing of spiritual refreshment and unfoldment that takes place. “Simple seekers” come for the sacred sense of holy communion that is as precious today as it was when Jesus stepped away from his disciples and followers to spend 40 days and nights alone with God. Mind was the sole communicator in those quiet times. Think of the quality of his thought by the time he rejoined the world!

Just so, Arden Wood offers a quiet sanctuary for the same deep communion.

I often wonder what Mary Baker Eddy would look for if she came to Arden Wood—order, cleanliness, comfort, extraordinary attention to detail...an environment in which the human picture runs so smoothly that it fades into the background, leaving wide open time and space for reason and revelation—for healing.

There’s nothing more important to me than ensuring that such a profound blessing remains impeccable, and inviolable, and available for generations to come. That’s why Arden Wood is included in my estate plan.



To learn how a gift in your estate plan can make a difference at Arden Wood, contact John Mitchell at (415) 379-2200 or [jmitchell@ardenwood.org](mailto:jmitchell@ardenwood.org).



# The Truth About Estate Planning

It can be challenging to prioritize preparation. Take for example, estate planning. Let's consider some obstacles to estate planning and how to overcome them.

- **ROADBLOCK: I don't want to think about it.** Of course you don't. It can be challenging and uncomfortable to consider. Many of us resist this line of thinking until it's impossible to ignore—perhaps until we are confronted with loss.

**RETHINK IT:** Create space to reflect and to make arrangements in advance, on your own time. Remember that your estate plan is really a gift to your loved ones. Being prepared benefits them in a difficult time.

- **ROADBLOCK: I don't want to make decisions I might have to change later.** Any plan is better than no plan. During your lifetime you can change your mind and make updates as needed.
- RETHINK IT:** Make sure you have control over your estate and can provide instructions for its use.

- **ROADBLOCK: It's too complicated and time consuming.** Yes, estate planning takes effort. For expert advice, consult with an estate planning attorney and a financial advisor. It's also helpful to organize documents and outline goals before these meetings.

**RETHINK IT:** Consider the sense of accomplishment and peace of mind you'll have knowing your wishes will be fulfilled.

## Leave the Legacy You Intend

If you don't do it, who will? Without a plan, you risk higher taxes on your estate and a burden for your loved ones. Take the compassionate steps now to be prepared—for yourself and those who matter most to you.

## WE CAN HELP

To learn more about how to be charitable through your estate plan, please contact John Mitchell at (415) 379-2200 or [jmitchell@ardenwood.org](mailto:jmitchell@ardenwood.org).





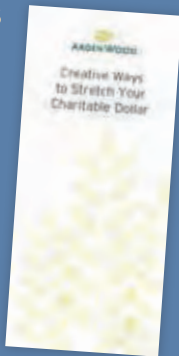


## THE POSSIBILITIES ARE ENDLESS

If you are passionate about Christian Science healing, let's talk. There are many ways to share your support that can meet your needs and ours. Contact John Mitchell at (415) 379-2200 or [jmitchell@ardenwood.org](mailto:jmitchell@ardenwood.org) to start the conversation.

## RETHINKING YOUR CHARITABLE STRATEGIES

Helping others is more important now than ever before. Our new guide, ***Creative Ways to Stretch Your Charitable Dollar***, gives you ideas on how you can maximize your donations and make the most impact with your charitable giving. Simply send back the enclosed reply card for your FREE copy.



# Support What Matters Most to You Now and in the Future

There are many reasons to make a charitable gift to Arden Wood—and your passion for those we serve is likely at the top of that list. Friends like you make it possible to provide skillful Christian Science nursing care, in a variety of ways, today and for years to come.

No matter where you are in life, there are ways for you to support our mission that can also serve you well.

### Give Tomorrow

At Arden Wood, planned giving ensures we can sustain Christian Science nursing and care for generations. When we know about your future gift, we can plan for that revenue and all the good it can do.

*Future gifts include: gifts in your will or living trust; beneficiaries of your retirement plan, bank or brokerage account, or life insurance policy*

Deferred gifts allow you to make a bigger impact than you initially thought possible, perhaps more than your current budget allows. Maintain control of your assets, with the flexibility to extend your support for those we care for beyond your lifetime.

### Give Today

Arden Wood has pressing needs to meet every day. When you give an outright gift, you make our current work possible.

*Current gifts include: cash or check; appreciated assets, such as securities or real estate; tangible personal property; grants from your donor advised fund; gifts from your IRA*

With these gifts, you put your estate to good use now. Connect with causes and organizations you care about, and see the very real difference your generosity makes.